

Health

Feelings

Illness

Getting Help

Games

A fun and interactive resource
for learning about health



www.healthforkids.co.uk

health for kids

Quizzes

Activities

Animations

Psst! Parents!

As well as enjoying the content with your child, you can get advice on supporting their health and wellbeing.

www.healthforkids.co.uk/grownups

@healthforkids1

@Healthforkids1

@healthforkidsgrownups

ChatHealth

Text a public health nurse (school nurse)
for confidential advice and support:

Leicester City

07520 615381

Leicestershire & Rutland

07520 615382

Or scan the
QR code to
start a chat:

